**A. Cause or Effect? mark C for cause and E for effect for people’s obesity. (It might be both C and E.)**

Example: \_\_*C*\_ People eat too much. (This causes obesity)

\_\_\_People have no time to exercise.

\_\_\_People have a poor self-image.

\_\_\_People are depressed.

\_\_\_ People spend too many hours in front of their computer.

\_\_\_People buy too much junk food.

\_\_\_ People have more health problems.

B. Be careful on this exercise. You must combine the two sentences so that they make sense. The word in parentheses either goes at the START of the sentence OR it will go between the sentences to combine them. You may NOT move the sentences around.

Look at the examples:

(Because) I could not turn in my homework. The dog ate it.

*I could not turn in my homework because the dog ate it.*

(Since) My dog bit my sister. The dog has to stay outside now.

*Since the dog bit my sister, it has to stay outside now.*

(Consequently) She had no other options. She married at thirteen.

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(Since) There was poor sanitation in the village. She had health problems.

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(Because) The water was impure in her village. She suffered from parasites.

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(Thus )She had no shoes, warm clothes or blankets. She was often cold.

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(As a result) She had no resources to grow food. She was hungry.

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**C. Read the topic sentence:**

***Students love to stay up late at night but they might not realize all of the negative effects of lack of sleep.***

Put an X by every sentences that are supporting details for the topic sentence above.

\_\_\_ Students may do poorly on their school work.

\_\_\_ Students have part-time jobs.

\_\_\_ Students will have trouble paying attention in school.

\_\_\_ Students may get sick more easily.

\_\_\_Students like to go out with friends and come home late.

\_\_\_ Students may gain weight more easily.

\_\_\_ Students have a lot of assignments to do.

\_\_\_ Students like to play video games late at night.

**D. Reading strategies for Unit 2 - *True or False***

\_\_\_ Scanning a text is helpful when you have time to everything.

\_\_\_ “A picture is worth a thousand words” means that you can look at a picture, chart or graph for information without having to read a long text.

\_\_\_ “et al” is a Greek term that means “nobody”

**E. Agree/Disagree/No connection to the readings:**

\_\_\_\_\_\_\_\_\_\_\_\_ 50-75% of people will relapse after drug therapy.

\_\_\_\_\_\_\_\_\_\_\_\_Drug therapy is better than cognitive-behavioral therapy.

\_\_\_\_\_\_\_\_\_\_\_\_Phobias are more common in adults.

\_\_\_\_\_\_\_\_\_\_\_\_ Fears can be unlearned.

\_\_\_\_\_\_\_\_\_\_\_\_ People who suffer from severe phobias never need drug therapy.

\_\_\_\_\_\_\_\_\_\_\_\_ Common phobias are fear of the dark, fear of wet noodles and fear of sharks.

\_\_\_\_\_\_\_\_\_\_\_\_ Phobias can become fears.

\_\_\_\_\_\_\_\_\_\_\_\_ Doctors should learn more about treating phobias and fears.

\_\_\_\_\_\_\_\_\_\_\_\_ People don’t know much about phobias.

\_\_\_\_\_\_\_\_\_\_\_\_The fear of speaking in public is less common than the fear of speaking to strangers.

\_\_\_\_\_\_\_\_\_\_\_\_ Anxiety is not as serious as a phobia.